

# St. Mary's Primary School Newsletter

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**Date: 20<sup>th</sup> July, 2023**

**Newsletter No: 10**

**Term: 3 - Week: 2**

## School Notices

### Yard Supervision:

Morning: 8:30 - 8:55am

Afternoon: 3:20 - 3:35pm

### Bell Times:

School Begins 8:55am

Recess: 11:10-11:30am

Lunch: 1:30 - 2:20pm

Finish: 3:20pm

### Student Absences:

Please phone the office by 9:00am if your child will not be at school on 57 521808.

Or mark absence on PAM.



### Term 3

Monday 10<sup>th</sup> July

Friday 15<sup>th</sup> September

### Term 4

Monday 30<sup>th</sup> September

Wednesday 20<sup>th</sup>

December

## MASS TIMES

### Myrtleford

Saturday @ 5:00pm

Sunday @ 9:00am

### Bright

Sunday @ 11:00am

### St Patricks Whorouly

Last Sunday of the

Month @ 5:00pm



Click on the link

Dear God,

Thank you for holiday times. For freedom, family and friends.

Help me to keep these happy times in my heart. I am excited to be back at school.

To spend time with my teacher and class friends. Help me to settle back into this semester!

Help me to learn, to grow in confidence and to have lots of fun.

Amen.

At the round about yesterday morning while waiting for the traffic, I watched a bus full of children heading out to Wangaratta Cathedral College. The bus carried around fifty local children out of our town. Personally, I find this sad and discerning. Myrtleford has three very good schools.

On Tuesday we had Nathaniel Swain from La Trobe University visit our school for the second time as we continue to work on fine tuning our teaching using explicit instruction. Dr Nathaniel Swain is a teacher, Instructional Coach, Researcher and Writer. He is passionate about language, literacy and learning, and effective and engaging teaching for all students.

He is currently a Senior Lecturer of Learning Sciences and Learner Engagement at La Trobe University's School of Education. Over his career he has worked with students and teachers in a range of government school settings including Brandon Park Primary School, a high performing school in Melbourne's East. In 2019, he founded a community of teachers and other educators committed to the Science of Learning, Think Forward Educators which St Mary's is a participant in. We are certainly very privileged to be able to have Nathaniel at our small school to support us in providing the best education possible for all our students.

On Tuesday Rachel Campbell took a group of twelve students to compete in the eisteddfod in Albury, showcasing our small but enthusiastic choir. These children represented our school well and came home with the first prize. Well done to Rachel Campbell for leading these young singers to such a high standard. Not too bad for a small school!

Classroom teachers will participate in training using The Writing Revolution method, which will provide our teachers with an evidence-based and proven instructional methodology, in the teaching of writing. The methodology rests on explicit, carefully sequenced instruction, building from sentences to compositions. This method is not a separate writing curriculum but rather an approach designed to be adapted to and embedded in the content being taught in any subject area and at any grade level. I thank the teachers for taking on this training as it takes them out of the classroom for a couple of days, and for some the training is out of hours. I appreciate that all teachers willingly take on this training to further upskill our craft and knowledge. I could not be prouder of the staff at St Mary's.

**Enrolments for 2024** are open to all. Please spread the news to families outside of our school community, that the school is always open for visits. I encourage all new families to come along to school, have a wander around and get a feel for the school. Recently I took a family for a walk

around the school and the mother commented on the calmness and respect shown by all. I know that when I walk around the school with new families, I am always proud of the school. St Mary's is such a great place to work. Please let families know, that there is no requirement to be Catholic and that all families are welcome and if there is genuine financial hardship we are always happy to support families.

NAPLAN results will be sent out to families next week. To understand the reports provided please go to [video on reading the Individual Student Report](#) which explains clearly what your child's results indicate. Please take the time to watch this short explanation.

Have a great fortnight,

Kitty

*St Mary's Primary is committed to students experiencing a sense of inclusion that is respectful of their giftedness, abilities, culture and contexts. Our student's experience learning and teaching in a child safe environment that is engaging and liberating.*

## SIGNING YOUR CHILD IN & OUT & LATE TO SCHOOL PROCESS

All Children who arrive at school after 8:55am or leave school before 3:20pm MUST be signed in/out at the office.

If for any reason, you need to take your child out of school during school hours, please come to the office to sign your child out.

## STUDENT ABSENCES

If your child is absent from school for any reason, it is vital that you notify the school prior to 9am, giving the reason for the absence e.g. If your child is sick, attending an appointment, family holiday etc.

- Mark absence on PAM.
- Send a note with your child on their return to school, or beforehand if you know in advance
- School answering machine is on out of hours, so you can leave a message 57521808

## CHILD SAFE STANDARDS

You can access information about the Child Safe Standards and St. Mary's commitment to the implementation of these standards, including resources, policies, procedures and links, via the school website ([www.smmmyrtleford.catholic.edu.au](http://www.smmmyrtleford.catholic.edu.au)).

**Why attendance matters**

When your child misses school they miss important opportunities to:

- Learn
- Make friends
- Build skills through fun

**Days missed = years lost**

A day here and there doesn't seem like much, but...

When your child misses just... they miss weeks per year and years over their school life

1 day per fortnight = 4 weeks = Over 1 year missed

1 day per week = 8 weeks = Over 2.5 years missed

## SCHOOL NEWS

### DATES TO REMEMBER

#### JULY

Friday 21 <sup>st</sup>	JLC Visit to Old School Museum
Tuesday 25 <sup>th</sup>	Confirmation and Eucharist Parent Meeting 6:30pm
Monday 31 <sup>st</sup>	Assembly EMPAC 2:30pm

#### AUGUST

Wednesday 2 <sup>nd</sup>	Hume Region Winter Sports Wangaratta
Thursday 3 <sup>rd</sup>	MLC Mass 9:15am St Mary's Church
Wednesday 9 <sup>th</sup>	Book Fair open to Families 3:30 to 5:30pm
Thursday 10 <sup>th</sup>	Book Fair open to Families 3:30 to 5:30pm
Friday 10 <sup>th</sup>	Book Fair open to Families 3:30 to 4:30pm
Monday 14 <sup>th</sup>	Assembly EMPAC 2:30pm
Tuesday 15 <sup>th</sup>	Assumption of the Blessed Virgin Mary Whole School Liturgy 9:30am
Thursday 17 <sup>th</sup>	Day 1 Ski Program
Friday 18 <sup>th</sup>	MLC Art Gallery Visit Wangaratta
Saturday 19 <sup>th</sup>	Day 2 Ski Program
Tuesday 22 <sup>nd</sup>	Book Week Dress Up Parade
Wednesday 23 <sup>rd</sup>	Day 3 Ski Program
Saturday 26 <sup>th</sup>	Day 4 Ski Program
Monday 28 <sup>th</sup>	Assembly EMPAC 2:30pm
Tuesday 29 <sup>th</sup>	JLC Mass 9:15am St Mary's Church
Thursday 31 <sup>st</sup>	Day 5 Ski Program

#### SEPTEMBER

Friday 1 <sup>st</sup>	Fathers Day Breakfast
Thursday 7 <sup>th</sup>	St Mary's Athletics Day
Friday 8 <sup>th</sup>	Confirmation Spirit Day
Saturday 9 <sup>th</sup>	Confirmation and Eucharist Mass 6pm St Mary's Church
Sunday 10 <sup>th</sup>	Confirmation and Eucharist Mass 9am St Mary's Church
Monday 11 <sup>th</sup>	Assembly EMPAC 2:30pm
Tuesday 12 <sup>th</sup>	End of Term 3 Mass 9:30am St Mary's Church
Friday 15 <sup>th</sup>	End of Term 3 - 2:20pm Finish



## BIRTHDAYS



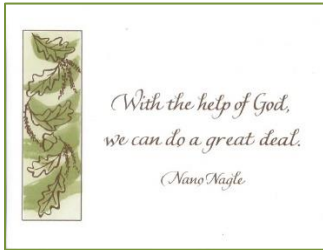
## MUSIC NEWS

On Tuesday the choir attended the Albury Wodonga Eisteddfod in Albury. We performed in the Senior Primary Grade 5/6 category and came away with 1st place!

The choir members have worked so hard preparing for this competition and I am so proud of all their work and dedication. Congratulations to St Mary's Choir!

Rachel Campbell (Music Teacher)





## CONFIRMATION AND EUCHARIST (YEAR 4 AND ABOVE)

Parent Information Evening: Tuesday 25<sup>th</sup> July at 6:30pm

**(NEXT TUESDAY)**

**Confirmation and Eucharist Masses**

Saturday September 9<sup>th</sup> at 6pm

Sunday September 10<sup>th</sup> at 9am

## CONGRATULATIONS

Congratulations to Isabelle McAlpine and Lexi Piazza. Isabelle and Lexi received the Sacraments of Confirmation and First Eucharist on Sunday July 9<sup>th</sup>. Isabelle chose the name Mary (Saint Mary MacKillop) and Lexi chose Gemma (Saint Gemma Galgani- The Flower of Lucca). Please join us in offering our Congratulations to both Isabelle and Lexi.

## AREA MASSES AND OTHER MASSES THIS TERM.

**MLC Area Mass:** Thursday August 3<sup>rd</sup> 9:15am

**Whole School Liturgy for the Assumption of the Blessed Virgin Mary:** Tuesday August 15<sup>th</sup> 9:15am

**JLC Area Mass:** Tuesday August 29<sup>th</sup> 9:15am

**SLC & Whole School End of Term Mass:** Tuesday September 12<sup>th</sup> 9:30am

Family members and parishioners are more than welcome to join us for any or all of these Masses/liturgy.



## ST MARY'S PRIMARY SCHOOL CENTENARY YEAR - SAVE THE DATE

Saturday October 7<sup>th</sup> 'Celebration Day' starting at 10am.

Past and present students, staff, parish members and families are invited to attend our special Mass, reunion, school tours and join us for a pasta lunch.

Please let any past students know that this event is on, as we would love to see them all.

Warm wishes,  
Jo Bennett  
Catholic Identity Leader

## JUNIOR NEWS

Welcome back to Term 3!

Our LETI unit this term is called "That's History" and focuses on our local, family and area history. We are starting with an excursion to the Old School Museum this Friday, 21<sup>st</sup> July from 11:30am-1:30pm. If you haven't already done so, please ensure you have given permission via PAM.

## FOUNDATION

We are so proud and impressed with the level of progress and learning that is happening in the Foundation classroom. Keep up the great home reading and writing practice!

The Foundies have begun our daily handwriting using dotted thirds paper, which is very exciting. We are using terms such as *base line*, *middle dotted third*, *top dotted third*, and *monkey tails*. Their growth in such a short time is very impressive.





We are also introducing an exciting program of learning called Read2Learn, introduced to us by La Trobe University lecturer and advisor Nathaniel Swain. It is a platform for teaching comprehension explicitly within a knowledge-rich curriculum. Our focus ties in with our LETI unit “That’s History” so please don’t be surprised when the children ask to look at old family photos. They have been asked to bring in something from the past to share with their classmates for a class museum. Please ensure it is not an object that is fragile or too sentimental!

## FOUNDATION MATHS

Foundation students have started exploring a unit of work on Measurement.

With the assistance of their delightful Year 6 Buddies, an outline of the body was traced. Then together Foundation and Year 6 students estimated length/height using various informal units, such as different sized blocks.

It was delightful to watch the Foundation and Year 6 students work so beautifully together.



*Foundation students  
hard at work*



## YEAR 1

This term students are honing in on 'sentence structure' in writing. They are learning about the 'Subject' and the 'Predicate' in a sentence. An example is...in the sentence, 'The child threw the ball.' The Subject is 'the child' and the Predicate is 'threw the ball'. To help remember these components, we use picture colour coded cards called 'Colourful Semantics'. The learning intention for this exercise is to identify where to put a full stop.



'the child' (the subject noun)



(the verb) 'threw'



(the verb related noun) 'the ball'.

Students have been writing about 'The Twits' to practise this skill.

We are continuing with 'The Big Write' this term. This is an excellent opportunity to practise sentence skills. This week, students wrote about 'Our Town' which is aligned with Term 3 LETI and Inquiry.

### Students' wrote:

*'There once was a town, it was a big town. People rode their motorbikes and mountain bikes in the bush.'*

*'I live in Bright. It gets busy every day.'*

*'My town has a bakery. My town is named Myrtleford.'*

*'I like the park, it is not an ordinary park. My town is a crazy place.'*

Planning for the big write is done during the week. Students build a storyline and vocabulary during this phase. At home, you and your child can discuss possible ideas to write about.

### The Big Write Prompts for Term 3 are:

Week 2. Back in Time

Week 3. My Family Tree

Week 4. Olden Day School

Week 5. Indigenous Story

Week 6. Olden Day Games

Week 7. Life Before Computers

Week 8. What My Grandparents Ate

In reading, our whole class novel this term is The Twits by Roald Dahl. We certainly have had many a laugh, reading these funny books! The class thoroughly enjoys this reading time together during fruit break.

In religion, the Year 1 and 2 students are learning about the gifts of God's creation. Students took photographs outside in the garden of God's creations. The results were amazing!

*I like the palm tree because it makes me feel like I am at the beach relaxing and safe. **By Mya***

*I like the photo of the prickly plants that someone took because it looks like a bird's eye view of enormous palm trees. **By Lewis***

*I love how God made the creations. The pictures we took are beautiful because they are photos of God's actual creation, a gift he has given us. **By Luca***

*I feel safe and protected, because God has made all of this and protects me. When I look at it, I think of God creating it all. **By Sophie***

*I like the leaves that are colourful and the rocks make a good background. **By Ed***

*It makes me feel sleepy when I look at the up-close photo of the leaf with the veins because when I look at it, my eyes get tired and I want to go to sleep. **By Jack***

*I like the photo that has the leaves in the rocks. I love the bright green of the new shoots amongst the grey background. **By Tom***

*When I took the pictures, I felt happy because they are of nature, and not just plastic. **By Pippa***

*The picture of the vine creeping up the wall makes me feel relaxed and calm. **By Ivy***

*There is beauty and majestickness with the light reflecting on the plants and the colour of them. **By Poppy***

*I like the photo of the yellow flowers. I feel like I am in a maze or adventure track, trying to get through the trees. **By Lachlan***

*I like the palm tree because it has palms, and makes me relaxed. I think of Jesus with the palms on the ground, and people wave the leaves to keep cool. **By Milla***

We have started a classroom 'History' display to prompt ideas for LETI. Students have started thinking about questions they are curious about. If students have something old that they would like to display, we have a lockable cabinet to lock them in.

## **YEAR 2**

The Year 2 students have continued to be highly focused on phonics, where we are exploring the relationships between the letters of written language and the sounds of spoken language. We are using this knowledge to assist us in reading and writing. This week we have focused on the 'ei' as in receipt in our spelling and have built on our knowledge of the 'Bossy R' for 'R-controlled vowels' such as 'ar', 'er', 'or' and 'ur'.

We have also started to study 'Ancient Egypt' in Literacy and have found Egypt on a map and have learnt that Cairo is the capital of Egypt. We will be using this work to extend our vocabulary, reading experience and writing information, and responses to the text.

In writing we have been analysing sentence structure and determining what is a subject and predicate in different sentences. We will be moving on to writing our own sentences utilising this knowledge.

In Maths, we start each session with a quick review of our previous work and we have been building our abilities to complete multiplication problems using a variety of strategies.

Have a fantastic week,  
Ashley, Carolyn, Jo, Sonia and Sandra

## **MIDDLE NEWS**

A huge welcome back to Term 3! This term always seems to arrive so suddenly and before we know it, we are talking about 2024! We are so proud of our Year 3/4 students and what they have already achieved this year.

### **RIVERS/ANCIENT ROME - INQUIRY/LITERACY**

We had some great learning happening in term two, with our focus on rivers of the world. Our term Inquiry/Literacy unit ended on the last day of term two with a wonderful trivia session with all the students. Congratulations to all the children who worked together in their teams to share their knowledge learned over the term.

This term we have started a new unit on Ancient Rome and we have already learned so much about this amazing time in history.

### **100 WORD SHORT STORY COMPETITION - WINTERWORDS-BEECHWORTH**

Congratulations to Ahlia Davis who was awarded winner of the Under 11 category of the 'Winterwords' 100 word short story competition, around the theme of 'It's Never Too Late, Is It?' Ahlia was presented with a certificate and a book voucher at the end of the Winterwords Festival of Words held at the end of term two, in Beechworth. Congratulations to all our 3/4 students who entered. We were blown away with the quality and thought that went into each of these short stories and by the enthusiasm shown by the children, as were the judges.

#### **Here is Ahlia's winning piece:**

Every morning, the animals woke up coughing up ashes of the once flourishing trees, struggling to find food for their young. "What has this world come to?" thought a lonely wolf. She caught sight of a little girl strolling in the woods, or what was once the woods. The wolf noticed a bag in the girl's hand. She laid it down and out came three little saplings. She then dug a hole and placed the trees into them. Each day she came and watered and planted another tree. Soon the entire forest was restored. It's never too late is it?



## **MLC MASS - THURSDAY, AUGUST 3<sup>rd</sup>, 9:15AM**

Please join us as we host the MLC class Mass on Thursday, August 3<sup>rd</sup> at 9:15am. Every term, each unit has the opportunity to take part in a special Mass which we are planning and preparing for. We'd all love you to come and be a part of it if you are able. The theme for our Mass is 'Community' which matches beautifully with our current RE topic, 'Community of Believers'.

Have a great week ahead.  
Julie, April, Anna and Lucia

## **SENIOR NEWS**

Welcome back to Term 3. Hopefully everyone is well and ready for a busy term of learning. We launched into our new Inquiry topic of Ancient Greece and Rome, the students have thoroughly embraced it. Last term's topic of Mountains was a great geography unit and the students wrote some excellent reports on mountains and making volcanoes.



### **YEAR 6 BUDDIES**

On Wednesday the Year 6's helped out in a math measurement activity with their buddies. This was a great opportunity for them to all reconnect and for the Year 6's to model a growth mindset.

### **RELIGION**

In Religion this term our outcomes for the Reconciliation unit look at the ways Jesus showed us how to live in 'right relationships' of inviting others to our table, parables he told, and that as Christians we have a responsibility to relate to each other, to the environment and to God.

### **ENGLISH**

This term we continue to focus on the morphology of words, we will also begin work on adverbial phrases and prepositional phrases. The students will work on examining literature such as metaphors, similes, alliteration. In Writing we are working on rephrasing information we have read and putting it in our own words.

### **MATHEMATICS**

Measurement is a focus this term and will be taught by Mr Davis on Fridays. During the week the students will continue to work on times tables and number facts. They will also be exploring the order of operations and deepening their understanding which operations to use to solve specific worded problems.

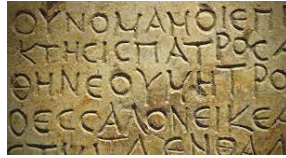


## INQUIRY

This term we explore Ancient Greece and Rome. We have begun reading and researching the Greek gods and will begin to learn about the development of different forms of government, societal structures, the arts, and the role of their armies in taking over and influencing other countries. The students have a research project that they can work on at home, they have a matrix to guide their research about their chosen god.

## HOMEWORK

This week's homework includes a math task sheet, a short Greek gods and goddesses sheet, independent reading, and a range of tasks that are on each week.



## Greek Gods



- DK Findout will be your initial source of information, read about the gods, however you will have other resources you can use.
- You will create a poster size, no more than two A3 pieces of paper. This poster will have your information on it, written in your own words. You are to be mindful of the colours you chose, your layout on your poster and the fonts you might use. (This will be explained in an explicit teaching session)
- You are to complete the family tree of the Greek Gods - see handout. This does not go onto your poster. You can put a small part of the family tree on your poster to show where your god fits into the scheme.

Choose one God that you would like to research. Below are details about what should be included in your report.

<b>Their power or strength</b> - give a detailed description about the special skills of your God.	<b>Describe</b> the origins of their story.	<b>How were they worshiped</b> or even who and what type of people chose to worship them?	<b>Who are their immediate family</b> and what is their relationship like? Is it friendly or is it confrontational?	<b>What is their weakness?</b> Do they have a nemesis or arch enemy?
<b>Do they have a creature, pet or tool of some sort?</b> How did it come about? How does this help them?	<b>Explore and write word origins</b> and places, people, events that are named or influenced by the gods.	<b>How is your God portrayed in other cultures?</b> Is there someone who is similar to your god - Roman Gods, Egyptian God or even modern religions.	<b>Draw a picture of God on an A4.</b> This is to be an original drawing using skills you have learned in Art lessons.	<b>Referencing</b> - you are to document your resources, this can be placed on the back of your poster.



Have a wonderful week,  
Hannah, Gab, Ruth, Kitty and Adam

## WINTER SCHOOL SPORTS - WANGARATTA

### NETBALL

St Mary's had two netball sides compete at this year's Winter School Sports in Wangaratta. Our Blue team was comprised of Year 6 girls, and our Red team was comprised of Year 5 and Year 4 girls. Both teams competed very well, displaying excellent skills and sportsmanship throughout the day. I had the pleasure of coaching our Blue team, Rebecca Piazza coached the Red team and Jayne Pozzan umpired several games on the day. Well done to our girls and thank you so much to our parent helpers.

### Blue Team Results:

The A side won all 5 games on their pool with very few goals being scored against them. Results from their pool allowed them to advance to the quarter-final, which they also won convincingly. Unfortunately, the girls lost in their semi-final to Yarrawonga, who went on to win the grand final. An amazing effort from our Year 6 girls.

### Pool Games

St Mary's vs St Patricks: 29-0  
 St Mary's vs St Joseph's: 32-0  
 St Mary's vs Bright: 19-0  
 St Mary's vs Rutherglen: 16-0  
 St Mary's vs Cathedral: 21-1

### Quarter-final

St Mary's vs St Bernard's: 16-3

### Semi-final

St Mary's vs Cathedral: 18-1



### St Mary's Blue Team



### St Mary's Red Team





## ST MARY'S WINTER SCHOOL FOOTBALL REPORT 2023

St Mary's winter school football day was a thrilling spectacle of athleticism, resilience, and leadership.

Our defensive lines stood strong, thanks to Leon Wilkinson's effective defensive punching and Ashton McManus's notable contributions, both offensively and defensively. Our teams faced some hard knocks, but Harry Burton stood out, persistently picking up the ball even after an unfortunate 'falcon' (ball to the face).

In the midst of tall opponents, Hunter Szaraszek demonstrated an admirable commitment in the ruck, matched by Judd Carroll's steadfast performance, which kept our offensive and defensive movements fluid.

Sharp technical skills were on display with Xavier Millar's accurate kicks and Chayse Coleman's high-energy manoeuvres, while Billy McMahon and Hunter Szaraszek faced contested situations in the midfield with fearlessness and unwavering competitive spirit.

Adding to the vigor of our backline and midfield, Tom showcased a relentless effort in the forward line. He was always on the move, playing as hard as he could all day, and constantly playing in front of his opposing player.

Maintaining an exemplary attitude was Benji Lupo, who stood out with his positivity, regardless of the match outcome. Cooper Carroll and Owen Griffiths demonstrated the true essence of teamwork, attentively heeding instructions from their coach and teammates.

Hunter Harris's relentless efforts resulted in a remarkable tally of five goals, while Lachlan McDonald's clean intercept marks added considerable strength to our defence. The forward line shone bright with Oscar Szaraszek and Hunter Harris delivering effective long kicks and positioning themselves to their advantage.

Claye Corcoran and Ben McLean exhibited a strong sense of leadership, their relentless pursuit of the ball and contested marking setting a great example for the team.

It was a fantastic day, underscoring the spirit of sportsmanship and determination that we cultivate at St Mary's Primary School. Thank you to Ruth Lamb and Leigh Corcoran who assisted with the coaching.



## **PE Elite Pathways Interview - Milla Corcoran**

Year 6 student, Milla Corcoran has achieved some amazing results in school sports over the past 12 months. I had a chance to catch up with her recently to discuss her achievements and sporting goals for the future.

*Hi Milla, Over the past 12 months you have represented St Mary's in a number of different sports, and have achieved some outstanding results. You have excelled in athletics (long jump and cross-country running), swimming, netball and football, not only at an Owen's and Mitta and Regional level, but also at a state level with the School Sports Victoria State Team Trials.*



### **1. Can you tell us a bit about your achievements in each of these sports?**

*At the State athletics championships I came 4<sup>th</sup> in long jump. At the State swimming championships I came 8<sup>th</sup> in the 50m butterfly and our medley relay team won a bronze medal. I swam the freestyle leg in the medley relay. I have the State Cross Country this Thursday. I have also participated in Team Vic trials for football and netball. For both sports I progressed to the final state trial. I played for Vic Blue in the football showcase match. The final trial for the netball was at the State Netball Centre and I saw the Vixens train.*

### **2. What do you feel are your biggest challenges in each of your sporting pursuits and how are you working to improve in each one?**

*Challenges in Myrtleford are access to facilities. Our pool is only open in the summer and as the State swimming championships were at the end of April I had to train in Wodonga for a month. It is the same with athletics, we don't have proper athletics track here so I just practiced in the school sandpit. With football and netball, I do play these sports locally but I did need to work on my skills for the state trials so I practiced at training and kicked the footy with Dad at home.*

### **3. What personal strengths or attributes of yours do you believe have contributed to your success in each sport?**

*I think I am competitive which helps, and I want to try really hard to do well. I can jump high which helps with my football and my netball. I am pretty determined too.*

### **4. Which of the sports that you have excelled in is your favorite and why?**

*Netball is probably my favourite because it is a team sport and I like playing with my sister and my friends. I like all the sports for different reasons though and I wouldn't want to have to pick just one.*

### **5. What makes you passionate about playing sports in general?**

*I like that I get to do sports with friends, and it keeps me fit and healthy. I also like it when you get to win a game or race with your team as it is a good achievement and something that you remember.*

### **6. Are there people that you look up to as role models for the sports that you play?**

*In swimming I look up to Emma McKeon, and in netball I like watching Tippah Dwan from the Adelaide Thunderbirds. I go for the Geelong Cats in football and my favourite players are Jeremy Cameron and Tom Hawkins. I also enjoy watching my dad play football and my Auntie Tina play netball for Myrtleford Saints.*

### **7. Who has supported you and contributed to your success in sports?**

*Mum & Dad, they drive me around a lot and always watch and support me. Mum helps with netball and swimming and Dad helps at footy and tennis. My Nanna & Pa also come and watch me a lot too and give me support.*

### **8. Can you think of anything that you do, that other kids might not be doing, that has helped you to achieve success in each sport?**

*I'm not sure what other kids do, but I always go to training and try my best.*

### **9. What are your future goals in the sports that you do?**

*I would like to play a high level of netball, like Suncorp Super Netball. I want to keep improving on my personal best times in swimming, and I would like to make it to State again in long jump later this year.*

**10. If you were to find yourself in a position to make a career in sport, do you think you would take it, why or why not?** *Yes, I would definitely take the opportunity. It would be great to make a living from something that I love doing. It would be hard work, but it would be fun too.*

*Thank you for taking the time to share your experiences and goals in sport with us Milla. All the best with your sporting pursuits for your remaining time here at St Mary's, and in the future!*

*Mr Davis (PE Coordinator)*





### SCHOOL RECEPTION and ADMINISTRATION OFFICER FULL TIME ONGOING

We are seeking a full-time Administration Officer to join our dynamic and supportive team. As the welcoming face of our College, excellent communication skills, innovative approach and a professional, helpful manner is a must.

Our School Administration Officer provides support to our staff, students and families across the whole school community. The duties are interesting and varied and the working environment is busy and respectful. The position is ongoing and secure.

If you are interested in finding out more about this exciting opportunity, please email [recruitment@mcm.vic.edu.au](mailto:recruitment@mcm.vic.edu.au) or visit our website, [www.mcm.vic.edu.au](http://www.mcm.vic.edu.au) for a full position description and details on how to apply.

**Applications close 4pm, Monday 31st July**

*Marian College is a year 7-12 coeducational Catholic School. We are committed to Child Safe standards and promote the wellbeing and inclusion of all children.*



### EDUCATIONAL SUPPORT OFFICER PART TIME (0.73 FTE) TERMS 3 & 4 2023

Applications are invited for an enthusiastic, energetic, practical and organised person for the position of education support.

The successful candidate will demonstrate initiative and will enjoy collaboration and working with adolescents.

The responsibilities will include support in the classroom, camps, excursions and other duties in line with the applicant's skills and interests.

Qualifications or experience in secondary education support would be an advantage.

Employment details are available on the College website, [www.mcm.vic.edu.au](http://www.mcm.vic.edu.au) or contact [recruitment@mcm.vic.edu.au](mailto:recruitment@mcm.vic.edu.au)

**Applications close 4pm, Monday 31st July**

*Marian College is a year 7-12 coeducational Catholic School. We are committed to Child Safe standards and promote the wellbeing and inclusion of all children.*

### Raising Resilient Children (from the Triple P International)

For parents and carers of children aged between 2 and 10 years

This session will provide information on:

- Recognising and accepting feelings
- Expression of feelings
- Building a positive outlook
- Developing coping skills
- Dealing with negative feelings
- Stressful life events



Location	Date and Time	Cost
Online (link will be provided)	Monday 21st August 7pm to 9pm	This is a free program

#### Book your place

To book your place contact Gateway Health on 0457 279 796 or email [parenting@gatewayhealth.org.au](mailto:parenting@gatewayhealth.org.au)

Bookings are essential

[gatewayhealth.org.au](http://gatewayhealth.org.au)  
Please note this information applies to Term 3 2023.

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**EVENT** Myrt Landcare tree planting

**WHEN** 9:30am Sunday 30 July

**WHERE** Reform Hill via Higgins Ct

**SITE CONTACT** 0439488378

#### TREE DAY SUPPORT

1800 88 5000

[tree-day.planetark.org](http://tree-day.planetark.org)

[planetark](https://www.planetark.com)



[@nationaltreeday](https://www.instagram.com/nationaltreeday) or [planetark](https://www.instagram.com/planetark)



[/nationaltreeday](https://www.facebook.com/nationaltreeday)



[@nationaltreeday](https://twitter.com/nationaltreeday)



[planetark](https://www.linkedin.com/company/planetark)

National Tree Day is organised by Planet Ark in partnership with Sports Australia



## Connecting with your kids - Emotion coaching

For parents and carers of children aged between 2 and 12 years

This two-hour session will provide information on the following:

- Emotional intelligence and why it's important
- Children's brain development
- Tuning in to your children's emotions to help manage behaviour
- Emotion coaching – Helping children to understand and regulate their emotions
- Different styles of parenting

### Location

Via online link

### Date and time

Monday 24th July 2023 from 7 -9pm

### Cost

This is a free information session.

### Contact us

For enquires and to register your attendance please call 0457 279 796 or email [parenting@gatewayhealth.org.au](mailto:parenting@gatewayhealth.org.au).



[gatewayhealth.org.au](http://gatewayhealth.org.au)

Please note this information applies to Term 3 2023.

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## Tuning in to Kids Emotionally intelligent parenting

For parents and carers of children aged between 2 and 10 years.

This five-week program aims to help parents and carers understand their child's experience and connect with and support their child.

This program will look at:

- managing meltdowns
- tuning in to your children's emotions to help manage behavior
- emotion coaching – helping children to understand and regulate their emotions
- problem-solving and self-care
- the different styles of parenting.

Location	Date and Time	Cost
Gateway Health 155 High Street Wodonga	Wednesdays 2nd - 30th August 10am - 12noon	This is a free program

### Contact us

For enquires and to register your attendance please call 0457 279 796 or email [parenting@gatewayhealth.org.au](mailto:parenting@gatewayhealth.org.au).

Bookings are essential

[gatewayhealth.org.au](http://gatewayhealth.org.au)

Please note this information applies to Term 3 2023.

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## Dads Tuning in to Kids Group Program

For parents and carers of children aged between 3 and 12 years.

This seven-week program is aimed at male parents and carers.

This program will support you to help your child understand and manage feelings ('emotional intelligence').

Children with good emotional intelligence:

- have better concentration at school
- have better success making and keeping friends
- are more able to manage conflict with peers
- are more able to calm down when upset or angry.

Location	Date and Time	Cost
Felltimber Community Centre - 189 Melrose Drive Wodonga	Wednesdays 26 July - 6 September 2023 7pm to 9pm	This is a free program

Light supper will be provided.

### Contact us

For enquires and to register your attendance please call Andrea on 0457 279 796 or email [parenting@gatewayhealth.org.au](mailto:parenting@gatewayhealth.org.au).

Bookings are essential



[gatewayhealth.org.au](http://gatewayhealth.org.au)

Dads Tuning in to Kids



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## Parenting Trans and Gender Diverse Kids and Teens

This program supports parents of transgender and gender-diverse children and teenagers to be able to parent with confidence and understanding.

The program covers:

- exploring the unique challenges and opportunities that parents of transgender and gender-diverse children face
- understanding your child's experience
- supporting your child on their gender journey and nurturing resilience
- tackling tricky conversations
- understanding how stress and stigma impact your child
- learning how to support siblings and other family members.

Location	Date and Time	Cost
Gateway Health 155 High Street, Wodonga	Mondays 24th July - 4th September 6 - 8pm	This is a free program

### Contact us

For enquires and to register your attendance please call 0408 429 439 or email [lisa.strode@gatewayhealth.org.au](mailto:lisa.strode@gatewayhealth.org.au).

Bookings are essential

[gatewayhealth.org.au](http://gatewayhealth.org.au)

Please note this information applies to Term 3 2023.

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